



Youth Volleyball Program



Bonnyville Centralized High School Athletics Department is proud to offer a new 8 week Youth Volleyball Program at Duclos School for any Lakeland area students in grades 3 and 4.

BCHS Coaches and Athletes will be running 8 weeks of skills, drills, games, and activities to introduce and develop volleyball skills in an atmosphere that promotes sportsmanship, fair play, teamwork, and fun! The athletes will be working with the tripleball style of game play as an introduction to the sport and to prepare them for middle school.

Cost of Program: \$125

Fees Include: 8 Week Program, Youth Volleyball, and T-Shirt

Registration Is First Come First Served Until Program Is Full, Registration will only be accepted at BCHS located in the C2 Agriplex

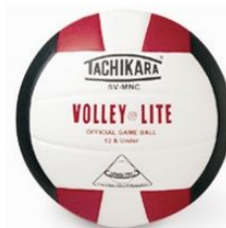
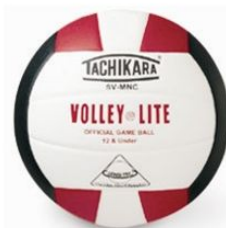
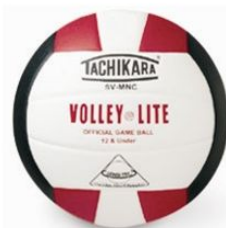
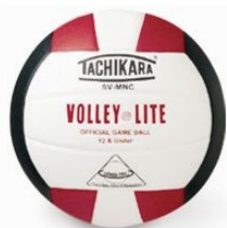
Start Date: September 22, 2019

End Date: November 24, 2019

Location: Duclos Gymnasium

Time: Choose either 1:00-2:00 or 2:00-3:00 time slot

Please email Julie Hutchison at julie.hutchison@nlsd.ab.ca if you have any questions regarding the program. Registration is first come-first served and is limited to 25 participants for each time slot. Submit the attached registration form and entry fee to the booth at community registration or the front office at Bonnyville Centralized High School located in the Agriplex at the C2 to ensure your spot! **Do not send the registration form to your child's school.**



Youth Volleyball Program Schedule

Sunday September 22	Week 1: Icebreakers, Intro to Volleyball
Sunday September 29	Week 2: Focus skill introduction-Forearm Passing
Sunday October 6	Week 3: Focus skill introduction-Overhead Passing
Sunday October 20	Week 4: Focus skill introduction-Serving
No Volleyball on Sunday October 13 or Sunday Nov 10	
Sunday October 27	Week 5: Basic Game Play
Sunday November 3	Week 6: Basic Game Play
Sunday November 17	Week 7: Review and Enforcing Rules
No Volleyball on Sunday November 10	
Sunday November 24	Week 8: Family Fun Day/Wind-Up



Presented by Bonnyville Centralized High School



Youth Volleyball Program Registration Form



COMPLETE ONE FORM PER CHILD

Please complete and submit registration form and entry fee to Bonnyville Centralized High School. Registrations will only be taken until the program is full. All questions and concerns can be sent to julie.hutchison@nlsd.ab.ca

FEE: \$125.00 Non-Refundable (includes training volleyball and T-shirt)

CHEQUES PAYABLE TO BONNYVILLE CENTRALIZED HIGH SCHOOL

Northern Lights Public School Students can also pay on School Cash

Registration will not be complete until the fee has been paid and form has been received.

Please circle one: Male Female

T-Shirt Size (Circle One): Youth → SM MED LG XL

Adult → SM MED LG XL

Participant's Name: _____ Grade: _____

Address: _____ Date of Birth: _____

City: _____ Province: _____ Postal Code: _____

Parent/Legal Guardian's Name: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____

(all major communication will be done through email)

Medical Conditions of Participant: _____

IN CASE OF EMERGENCY

Name: _____ Name: _____

Home #: _____ Home #: _____

Cell #: _____ Cell #: _____

Child's Alberta Health Care # _____

*****WAIVER OF LIABILITY RELEASE FORM*****

I am aware of the nature of this activity and I hereby assume responsibility for _____ (Participant's Name) to participate and to be photographed for publicity purposes. I will not hold NORTHERN LIGHTS SCHOOL DIVISION, BONNYVILLE CENTRALIZED HIGH SCHOOL, and/or its employees responsible in the case of accident or injury as a result of this participation. I understand that this complete form must be in the possession of the BCHS YOUTH VOLLEYBALL coordinator (Julie Hutchison) prior to participation in this program.

Parent/Legal Guardian Signature: _____ Date: _____